

SAFE SLEEP TRAIN-THE-TRAINER

August 14, 2014

Healthy Native Babies Project

The *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, of the National Institutes of Health, is sponsoring a one-day train-the-trainer session in **Portland, OR**. This session will assist local health educators with skills needed to effectively train employees and colleagues on Sudden Unexpected Infant Death (SUID), Sudden Infant Death Syndrome (SIDS), and other sleep-related causes of infant death. Attendees will be expected to use the safe infant sleep information and skills learned during the sessions to train colleagues and staff who work with Native families of infants.

Attendees will:

- Receive current information on SUID, SIDS;
- Demonstrate training skills through interactive educational activities and use of training materials; and
- Begin planning for training sessions to be conducted in agencies and communities.

At the end of this training, the participants will be able to:

1. Explain the *Healthy Native Babies Project* and SIDS risk-reduction.
2. Describe the disproportionately higher rates of Sudden Unexpected Infant Death (SUID), Sudden Infant Death Syndrome (SIDS), and sleep-related causes of infant death for American Indian/Alaska Native infants.
3. Identify and teach others the facts and myths about SIDS, and explain what is currently known about SIDS risk factors.
4. Define actions that families and communities can take to reduce SIDS risk.
5. Communicate safe sleep messages.

Resources provided to attendees will include: *Healthy Native Babies* Facilitator's Packet, *Healthy Native Babies* Workbook Packet, message reinforcement activities, and training work plan templates.

This session will be presented by: Lean Tanner

Who Should Attend: This training is specifically geared towards people serving American Indian/Alaska Native families. Participants should be those in positions to directly train other staff such as training or education leadership roles in the fields of public health (health care professionals), health education or promotion, injury prevention, maternal child health, child care or child service, or other programs that reach large numbers of Native families with infants such as Healthy Start, WIC, Head Start, foster care, and fatherhood/healthy families.

Nursing CE and Accreditation:

Criteria for Successful Completion: Registration is required for verification of continuing education credit. To receive Nursing CE contact hours for this activity, participants must sign-in, attend the activity in its entirety, complete the Pre-Test and Post-Test and the Evaluation tool at the end of the session. CE certificates will be mailed to participants.

Accreditation:

The Indian Health Service Clinical Support Center is the accredited sponsor.

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is designated 6.25 contact hours for nurses.

Training is free and travel stipends will be available on a first-come, first-served basis.

- Complete the online Registration Form by clicking the link below.
- **NOTE:** This is a "first come-first serve" event due to limited space, so if you are interested in participating, please register at your earliest convenience. If we are unable to accommodate your request, we will advise you as soon as possible.

To attend the **Portland, OR** session on **August 14, 2014**, please register via the link below by August 8th.

<http://events.constantcontact.com/register/event?llr=6sdvnwjab&oeidk=a07e9khz7j957ea7e92>

Please let us know if you have any questions or need further information by contacting Ann Hull at (888) 996-9916 or ahull@namsinc.org.

Ann Hull
Native American Management Services, Inc.
1800 Robert Fulton Drive, Ste. 100C
Reston, VA 20191
Phone: (571) 323-5656
Fax: (571) 323-2102